

central point above mentioned—Though interrupted by many passes—to the end of the promontory which makes the harbour of Haifa, at its foot, the best on the Palestine coast. The highest mountains in the Samaria district are, however, in the neighbour-hood of Nablus (Shechem). They include the rugged bare mass of Gerizim (2849 ft.), the smoother cactus-clad cone of Ebal (3977), and farther south Tell 'Asur (3318), at which point begins the